



# Frequently Asked Questions

## FROM INSIGHTS TO IMPACT - PALM SPRINGS RETREAT, DANICA BUNCH

### **Who is this retreat for?**

FMCG brand founders, leaders and executives from Australia and New Zealand who have attended Natural Products Expo West and want to turn that momentum into clear, strategic next steps.

### **Do I need to be a client of Danica's to attend?**

No. This experience is open to both existing clients and new participants. It's about alignment, strategy and support - no PR retainer is required.

### **Will we be working the whole time?**

Not in the traditional sense. The retreat is designed to balance deep strategic work with moments of reflection, integration and wellness. Some of your best ideas will come away from the laptop!

### **How do I get from Expo West to the retreat?**

Transport from Anaheim to Palm Springs will be included following the close of Expo West. Full details will be shared closer to the date.

### **Is this retreat only for women?**

No. This is a co-ed retreat designed for aligned leaders regardless of gender. What matters is your commitment to strategic growth and brand expansion.

### **Are there any age restrictions to attend this retreat?**

To attend a Woman Explore retreat, guests must be over 18 years of age.

### **Do I need to arrange airport transfers?**

No. Group transport is included from Anaheim to Palm Springs at the start of the retreat. If you require an airport transfer at the end of the retreat, this can be arranged at an additional cost—please note this on your [Traveller Details Form](#) so the Woman Explore team can assist.

### **Do I need to get travel insurance for this retreat?**

Definitely! To attend any Woman Explore retreat you must secure your own travel insurance. Guests require this to protect against unexpected events such as trip cancellations, delays, medical emergencies and loss of belongings during their trip. This information needs to be provided before commencing your retreat via the [Traveller Details Form](#).

### **What time can I check-in to the hotel?**

Guests can check in from 4:00 pm daily. If you arrive earlier, you can store your luggage at reception and enjoy the hotel's rooftop pool, fitness center, or explore the shops, galleries, and cafés of downtown Palm Springs just steps away.

### **Is there Wi-Fi at the hotel to stay in touch with family or my business?**

Yes. Complimentary high-speed Wi-Fi is available throughout the Kimpton Rowan Palm Springs, including guest rooms, restaurants, bars, and meeting spaces. You'll also have reliable mobile reception for calls.

### **Does the resort have a spa and/or massage facilities?**

Yes. While the Kimpton Rowan does not have a traditional on-site spa, guests can enjoy in-room spa treatments such as massages and facials. The concierge can also recommend and arrange nearby spa experiences within walking distance or a short drive from the hotel.

### **Is there a fitness center at the hotel?**

Yes. Guests have 24-hour access to a fully equipped fitness center, including cardio machines, free weights, and yoga mats.

### **Are there shops or attractions within walking distance?**

Yes. The hotel is located in downtown Palm Springs, just steps from boutique shops, art galleries, museums and a wide variety of restaurants and bars.

### **Is there a pool at the hotel?**

Yes. Guests have access to the hotel's rooftop pool, offering panoramic mountain and desert views—the perfect spot to relax between retreat sessions.

### **Can I stay extra nights at the resort or arrive earlier than the retreat start date?**

Yes, if you'd like to stay additional nights you can email the team at Woman Explore on [hello@womanexplore.com](mailto:hello@womanexplore.com) and they will coordinate your requirements with the hotel and confirm the additional costs.

### **Does the retreat cater for food allergies?**

We strive to accommodate all dietary needs and preferences, including food allergies, to ensure everyone can enjoy our offerings safely and deliciously. Please ensure you add any dietary requirements into the [Traveller Details Form](#).

### **What currency is used in Palm Springs, and do I need to bring cash with me?**

The official currency is the US Dollar (USD). Credit and debit cards are widely accepted in Palm Springs, but it's a good idea to carry some cash for tips, small purchases, and local markets. ATMs are readily available in the area.

### **What should I pack for my trip to Palm Springs?**

Pack comfortable, breathable clothing for warm daytime weather and layers for cooler desert evenings. Include smart-casual outfits for group dinners, comfortable walking shoes for the Joshua Tree excursion, and a hat and sunscreen for sun protection. Don't forget your laptop or tablet for workshops, chargers, a reusable water bottle, and any personal items or medications you may need.

### **Is there a dress code for retreat activities?**

No formal dress code is required. We recommend comfortable, smart-casual attire for workshops, and layers for cooler desert evenings. For the Joshua Tree excursion, wear comfortable walking shoes and sun protection.

### **What is the weather like in Palm Springs?**

In March, Palm Springs enjoys warm, sunny desert weather, with temperatures ranging from approximately 21°C to 28°C (70°F to 82°F) during the day and cooler evenings between 10°C and 15°C (50°F to 59°F).

### **Am I required to tip in Palm Springs?**

While tipping is not mandatory, it is customary in the United States to tip for good service. For restaurants, 15–20% of the bill is standard, while hotel staff, drivers, and tour guides typically receive small cash tips.

### **What language is spoken in Palm Springs?**

English is the official and most widely spoken language. Spanish is also commonly spoken, and most hospitality and tourism staff can assist international visitors with ease.

### **What power points or plugs are used in Palm Springs?**

In the United States, power plugs and sockets are Type A and B, with a standard voltage of 120V and frequency of 60Hz. If you are travelling from outside North America, you will likely need a travel adapter and possibly a voltage converter. You can access more information [here](#).

### **What if I missed some of the retreat activities, can I get a refund on those?**

Unfortunately refunds are not able to be given for missed services or unused portions of the retreat. This is because most activities, accommodation and events are paid for well in advance of the trip.

### **Can the hotel store my luggage if I arrive early or leave late?**

Yes. The Kimpton Rowan can store your luggage before check-in or after check-out so you can enjoy Palm Springs without carrying your bags.

### **What time is check-out on the last day?**

Guests are required to checkout at 11:00 pm. If your flight or transportation isn't scheduled until later, feel free to drop your bags at reception and take advantage of the hotel facilities whilst you wait.

### **What happens if I need to cancel my booking?**

Payments for the retreat are generally non-refundable. Deposits are the exception and they are refundable within 14 days of booking, except for bookings made within 14 days of departure, which are non-refundable.

### **Can I transfer my booking to another trip?**

Transferring to another retreat or retreat date may be possible, with requests required in writing at least 120 days prior to departure. Any price difference must be paid by the customer.