



Retreat Itinerary

FROM IDEA TO PUBLISHING, KACIA WARREN & CRISSIE LEONARD

Please note the provided itinerary serves as a general outline and may be adjusted or modified as necessary to ensure the best possible experience for all participants.

Day 1: Welcome to Bali

Arrive in Bali and be greeted at the airport for your included transfer to [Hotel Indigo Seminyak](#), your stylish beachfront base for the week. Check in from 3:00pm and settle into your room—perhaps with a swim, a beach walk, or time unwinding on your private terrace.

At 6:00pm, meet your retreat hosts, accountability coach and writer Kacia Warren and publishing coach and author Crissie Leonard, and connect with your fellow aspiring authors. They'll introduce the flow of the week and the supportive creative space they've designed through years of guiding women toward clarity, confidence and meaningful progress in their writing.

We'll then share a relaxed welcome dinner together, enjoying fresh Balinese flavours and the opportunity to begin meaningful conversations that will carry through the retreat.

Accommodation: Hotel Indigo Seminyak

Meals Included

- Welcome dinner

Included Activities

- Airport transfers

Day 2: Clarifying Your Book's Direction

Begin your morning with a nourishing breakfast featuring tropical fruits, pastries and locally inspired hot dishes. Then ease into your first author development workshop of the week—guided by Crissie and Kacia, who will help you clarify your book's purpose, message and direction using the same tools they've used to support emerging authors in shaping manuscripts with confidence.

After an included casual lunch, we'll set out for a sunset visit to Tanah Lot Temple, one of Bali's most iconic sacred sites. The dramatic ocean backdrop and golden light offer an inspiring moment of reflection as you begin shaping your story.

Return to the hotel in the evening to unwind and enjoy dinner at your leisure, whether that's exploring Seminyak's restaurants or relaxing by the beach.

Accommodation: Hotel Indigo Seminyak

Meals Included

- Breakfast
- Lunch

Included Activities

- Author Workshop
- Group excursion to Tanah Lot Temple at sunset
- Transfers to and from scheduled activities

Day 3: Finding Your Voice as an Author

After breakfast, you'll join your next workshop—focused on personal positioning, voice and audience. With Crissie's experience helping writers uncover the heart of their message, and Kacia's guidance in building clarity and momentum, this session supports you in understanding how your unique perspective shapes your book.

Enjoy an included group lunch, followed by spacious free time in the afternoon. Write poolside, unwind by the beach, journal in a quiet corner of the resort, or explore nearby boutiques and cafés. This is your time to integrate ideas and let creativity breathe.

Spend the evening however you choose—dining locally, relaxing at the hotel or connecting informally with your fellow attendees.

Accommodation: Hotel Indigo Seminyak

Meals Included

- Breakfast
- Lunch

Included Activities

- Author Workshop

Day 4: Ubud Cultural Immersion

Today you'll journey into the cultural heart of Bali. After breakfast, we'll travel north to Ubud for a full-day immersion in the island's art, nature and spiritual heritage. Our first stop is the Elephant Sanctuary, where you'll experience a meaningful encounter with these gentle animals in a peaceful jungle setting—an experience that naturally invites reflection and appreciation for the island's deep-rooted traditions.

From there, we'll continue to the Bali Swing, suspended high above terraced rice fields and lush jungle valleys. The exhilaration and open horizon often create the perfect conditions for creative breakthroughs—something Crissie and Kacia frequently see in authors they support.

In the afternoon, we'll visit the tranquil Temple of the Sun, a serene and lesser-known sacred site. It's the ideal place to reconnect with your intentions and draw inspiration from Bali's spiritual landscape. After a day of discovery, return to peaceful luxury — a place to rest, reflect, and write from your awakened.

Accommodation: Hotel Indigo Seminyak

Meals Included

- Breakfast

Included Activities

- Elephant Sanctuary visit
- Bali Swing experience
- Temple of the Sun visit
- Transfers to and from scheduled activities

Day 5: Shaping Your Manuscript

After breakfast, join an in-depth workshop focused on structuring your book—turning ideas into chapters and chapters into a compelling manuscript plan. Drawing on Crissie's publishing experience and Kacia's momentum-building coaching, you'll begin mapping your book in a way that feels grounded and achievable.

Following an included lunch, enjoy a rejuvenating 60-minute Balinese massage to reset your energy and support your creative flow. The remainder of the afternoon is free for writing, rest or quiet reflection.

Dine at your leisure in the evening, choosing from Seminyak's vibrant coastal dining options or the comfort of the hotel.

Accommodation: Hotel Indigo Seminyak

Meals Included

- Breakfast
- Lunch

Included Activities

- Author Workshop
- 60-minute Balinese Massage

Day 6: Integration, Clarity & Reflection

Begin your day with breakfast before heading into your final workshop of the retreat—an integration session that brings together everything you’ve explored so far. With guidance from Kacia and Crissie, you’ll refine your book’s direction, strengthen your message and outline the next steps in your writing and publishing journey.

After a group lunch, enjoy a spacious afternoon to write, rest or explore Seminyak. This is your chance to let ideas settle, revisit inspiration or simply enjoy the island at your own pace. In the evening, we’ll gather for a special farewell dinner—a warm, celebratory moment to reflect on your progress, honour your growth and acknowledge the creative journey you’ve taken together.

Accommodation: Hotel Indigo Seminyak

Meals Included

- Breakfast
- Lunch
- Farewell Dinner

Included Activities

- Author Workshop

Day 7 & 8: Tropical Adventure & Farewell

After breakfast, we’ll set off for a full-day adventure to Nusa Lembongan—a beautiful island known for its turquoise water, vibrant marine life and quiet charm. The shift in pace and open landscape often help writers access new clarity—something your hosts will encourage you to capture during this inspiring day.

Once on the island, you’ll enjoy an unforgettable snorkelling experience, swimming alongside turtles and exploring colourful coral reefs. Whether you’re gliding through the water or relaxing between snorkel stops, this day reconnects you with joy, spaciousness and perspective—key ingredients of the creative process.

We’ll return to Seminyak in the afternoon, giving you time to unwind, write or soak up your final evening in Bali. It’s a gentle space to reflect on everything you’ve learned—your ideas, confidence and strengthened author voice.

The next morning, enjoy a final breakfast before check-out at midday. Your included airport transfer will take you to the airport for your onward journey, leaving Bali with clarity on your book and a renewed sense of direction.

Accommodation: Hotel Indigo Seminyak

Meals Included

- Breakfast

Included Activities

- Nusa Lembongan snorkelling excursion
- Transfers to and from snorkelling excursion
- Return airport transfer on departure day