

Retreat Itinerary

CATHY DERKSEN, REIGNITE YOUR IMPACT RETREAT

Please note the provided itinerary serves as a general outline and may be adjusted or modified as necessary to ensure the best possible experience for all participants.

Day 1: Welcome to New York

Arrive in the heart of Manhattan and check into your boutique hotel just steps from the bright lights of Times Square from 3:00pm. Take time to settle in, soak up the city's creative buzz, and prepare for an inspiring few days ahead.

In the evening, come together with your fellow authors for a welcome social hour at the hotel from 5:00pm, before a special welcome dinner at 6:30pm. Over a delicious two-course meal, you'll start to build the connections that will fuel collaboration, inspiration and ideas throughout the retreat.

Accommodation: Kimpton Theta

Included Meals / Activities

- Social Hour
- Welcome Dinner (two-course meal)

Day 2: Storytelling & Connection

Begin the day with a relaxed group breakfast where the conversations will be as energizing as the coffee. Your morning sharing session with Cathy sets the tone for a day of connection and insight — designed to spark meaningful conversations, fresh perspectives and authentic collaboration. You'll be supported by a group of like-minded people who understand your journey and are here to grow alongside you.

In the afternoon, enjoy a Central Park group walk (weather permitting), before departing at 2:30pm for the chocolate and wine tasting experience in SoHo.

Return to the hotel for the 5:00pm lobby lounge social hour. The evening is yours — enjoy an optional dinner and show, or explore NYC's incredible food scene at your own pace.

Accommodation: Kimpton Theta

Included Meals / Activities

- Group Breakfast
- Sharing session with Cathy
- Central Park group walk
- Chocolate and wine tasting, SoHo
- Hotel social hour

Day 3: Spotlight & Celebration

Begin with a group breakfast and sharing session with Cathy before heading out at 11:30am for the highlight of the retreat — your book featured on the Times Square billboard. Take this powerful moment in and capture a photo to celebrate your accomplishment.

After lunch at your leisure (not included), the evening begins with a 5:00pm sunset cruise on the Hudson River, taking in sweeping views of Manhattan and the Statue of Liberty. A perfect setting to reflect, reset and soak in one of New York's most iconic experiences.

Come together for a group farewell gathering to close out an extraordinary few days.

Accommodation: Kimpton Theta

Included Activities

- Group Breakfast
- Sharing session with Cathy
- Times Square billboard experience
- Sunset cruise, Hudson River
- Group farewell gathering

Day 4: Farewell & Forward

Start the day with a 7:30am group breakfast before checking out at 11:00am. Say goodbye to your fellow retreat participants, filled with renewed inspiration, collaboration ideas and new connections to carry into your next chapter.

Whether you're headed home or staying on to explore, New York has given you everything you need to keep going.