



WOMAN EXPLORE

Packing List

BYRON BAY SURF RETREAT, CRYSTALBROOK BYRON

When packing for Byron Bay, prioritise comfortable, breathable clothing suited to a relaxed coastal lifestyle. The weather can shift between warm days and cooler evenings, so pack layers you can easily mix and match. This is a suggested packing list, so feel free to adjust it based on your personal style and the season of your visit.

Tops

- Lightweight t-shirts (breathable and comfortable)
- Long-sleeve shirts (for sun protection or cooler evenings)
- Blouses or button-up tops (versatile for casual or dressier occasions)

Bottoms

- Shorts (casual and cool for daytime activities)
- Lightweight trousers or pants (breathable and comfortable for exploring)
- Skirts or dresses (light and airy for beach days or evenings out)
- Sarongs or beach cover-ups (for easy transition from beach to street)

Outerwear

- Lightweight jacket or jumper (for cooler evenings or air-conditioned spaces)
- Lightweight rain jacket or travel umbrella (for unexpected rain showers)
- Sun hat or wide-brimmed hat (for sun protection)

Undergarments

- Underwear (enough for your trip duration)
- Bras (including a sports bra for outdoor activities)
- Socks (lightweight and breathable)

Shoes

- Flip-flops or sandals (easy to slip on and off for beach days)
- Comfortable walking shoes (for exploring)
- Sneakers or closed-toe shoes (for more active activities)
- Dressier sandals or shoes (for dinner or for a night out with the girls)

Swimwear

- Swimsuits or bikinis (for beach or pool days)
- Rash guard or swim shirt (for additional sun protection / water activities)

Sleepwear

- Pyjamas or lightweight sleepwear

Accessories

- Sunglasses
- Scarves or shawls (versatile for covering up or adding a pop of colour)
- Minimal jewellery (avoid valuable or bulky items)
- Day bag or backpack
- Waterproof phone case
- Travel adapter (if needed)
- Reusable water bottle

Other

- Passport and travel documents
- Travel insurance information
- Cash (local currency)
- Medications (it's always good to incl medication for travellers ailments such as diarrhoea / motion sickness)
- Personal hygiene items and toiletries (incl insect repellent and sunscreen)
- Basic first-aid kit (incl pain medication,
- Ziplock bags (for storing wet clothes or toiletries)
- Specific items for water activities, such as surfing, SUP, snorkelling etc:
 - Rash vest or surf suit (to protect you from the sun whilst in the water)
 - Reef booties (mandatory to protect your feet)
 - Zinc and lip balm (to protect your face and lips)
 - Leggings for water activities (can be active wear or lycra pants)