



WOMAN EXPLORE

# Packing List

## ELEVATE TO INFLUENCE BALI RETREAT, DANICA BUNCH

When packing for Bali, prioritise lightweight, breathable fabrics that will keep you cool and comfortable in the tropical climate. Opt for versatile pieces that can be mixed and matched to create different outfits throughout your trip. This is a suggested packing list, so feel free to adjust it based on your personal preferences.

### Tops

- Lightweight t-shirts and tops for (workshops and excursions)
- Long-sleeve shirts (for sun protection or cooler evenings)
- Smart-casual tops (for group dinners and networking events)

### Bottoms

- Shorts (casual for free time or beach days)
- Lightweight trousers or pants (ideal for excursions and evenings)
- Skirts or dresses
- Sarongs or beach cover-ups (for beach/pool use)
- Modest clothing that covers shoulders and knees (for temple visits like Tanah Lot and Goa Gajah)

### Outerwear

- Lightweight jacket or jumper
- Lightweight rain jacket or travel umbrella
- Sun hat or wide-brimmed hat

### Undergarments

- Underwear
- Bras (including a sports bra for activities)
- Socks

### Shoes

- Flip-flops or sandals (easy for beach/pool)
- Comfortable walking shoes (for Ubud and temple excursions)
- Sneakers or closed-toe shoes (for active sessions)
- Dressier sandals/shoes (for farewell dinner or nights out)

### Swimwear / Water Activities

- Swimsuits or bikinis (beach/pool days)
- Rash guard or swim shirt (for sun protection during surfing/SUP)
- Zinc and lip balm with SPF

### Sleepwear

- Pyjamas or lightweight sleepwear

### Accessories

- Sunglasses
- Scarf or shawl (for modesty at temples or added warmth)
- Lightweight belt
- Minimal jewellery (leave valuables at home)
- Day bag or backpack (for excursions)
- Waterproof phone case
- Travel adapter - [Type C](#).
- Reusable water bottle

### Work Session Essentials

- Laptop or tablet (for workshops/strategy work)
- Charger and/or portable power bank
- Notepad or journal with pens/highlighters

### Other

- Passport and travel documents
- Travel insurance details
- Local currency cash (IDR)
- Medications (including for common travel issues like motion sickness or stomach upset)
- Personal hygiene items and toiletries (including insect repellent and reef-safe sunscreen)
- Basic first-aid kit (pain relief, plasters, antiseptic wipes)
- Ziplock bags (for wet swimwear or toiletries)