



WOMAN EXPLORE

# Packing List

## CRISTINA DIGIACOMO - RETURN TO YOUR TRUE SELF RETREAT, MOROCCO

When packing for Morocco, prioritise lightweight, breathable fabrics that will keep you cool and comfortable in the tropical climate. Opt for versatile pieces that can be mixed and matched to create different outfits throughout your trip. This is a suggested packing list, so feel free to adjust it based on your personal preferences.

### Tops

- Lightweight t-shirts (breathable and comfortable)
- Long-sleeve shirts (for sun protection or cooler evenings)
- Blouses or button-up tops (versatile for casual or dressier occasions)
- Yoga or gym tops

### Bottoms

- Shorts (casual and cool for daytime activities)
- Lightweight trousers or pants (breathable and comfortable for exploring)
- Skirts or dresses (for beach days or evenings out)
- Sarongs or beach cover-ups
- Yoga or gym leggings

### Outerwear

- Lightweight jacket or jumper (for cooler evenings or air-conditioned spaces)
- Lightweight rain jacket or travel umbrella (for unexpected rain showers)
- Long-sleeve shirt, light sweater, or cardigan (for evenings)

### Undergarments

- Underwear (enough for your trip duration)
- Bras (including a sports bra for outdoor activities)
- Lightweight socks

### Shoes

- Flip-flops or sandals (easy for beach and pool days)
- Comfortable walking shoes or sneakers (for exploring, active adventures or day trips)
- Dressier sandals or shoes (for dinners or themed nights)
- Comfortable evening wear shoes

### Swim & Sleep

- Swimsuits or bikinis (for beach or pool days)
- Rash guard or swim shirt (for sun protection/water activities)
- Pyjamas or lightweight sleepwear

### Accessories

- Sun hat or wide-brimmed hat
- Sunglasses
- Scarf or shawl (especially for village and souk visits)
- Lightweight belt
- Minimal jewellery (avoid valuable/bulky items)
- Day bag or backpack
- Waterproof phone case
- Travel adapter (Type C and E)
- Reusable water bottle

### Theme Nights Attire

Pack one outfit for each of the following special evenings:

- Monday, 11 August – Secret Party: All Black
- Tuesday, 12 August – Robcarpet Night: Elegant
- Friday, 16 August – Luhana Night: Hawaiian / Summer Vibes

### Essentials

- Passport and travel documents
- Travel insurance information
- Cash (local currency)
- Medications (including for common travel ailments such as diarrhoea or motion sickness)
- Personal hygiene items and toiletries (including insect repellent and sunscreen SPF 50)
- Basic first-aid kit (including pain medication)
- Ziplock bags (for wet clothes or toiletries)